



Definitions for Isolation and Quarantine

Isolation:

- The term isolation applies to individuals, regardless of vaccination status, who have tested positive and must remain out for 10 calendar days at a minimum. Individuals should only return to work / school following their isolation period if their symptoms are improving and they are fever-free without taking fever reducing medications for 24 hours.

Quarantine:

- The term quarantine applies to individuals who have been identified as close contacts due to high-risk exposure with someone who has tested positive, and they are required to quarantine for the appropriate period, which is 10 calendar days. Testing for re-entry is not required. Quarantined individual(s) must not have symptoms and must be fever-free without the use of fever-reducing medications for 24 hours. **OR**
- The quarantined individual may return to work or school after 7 calendar days provided that the individual takes a PCR test on or after the 5th day and obtains negative results. The quarantined student or employee must not be symptomatic during the quarantine period. If these re-entry requirements are met, then the individual can return to school or work on, or after, the 8th day.
- For employees or students who have someone in their household who tests positive, the employee or student's 10-day quarantine period begins after the positive household member's 10-day isolation period ends. This means that the employee or student may have to remain out and in quarantine for as many as 20 calendar days unless the employee / student can completely isolate from the positive household member which includes using separate restrooms and utensils. This does not apply to fully vaccinated individuals who are not symptomatic as they can continue to work / attend school if they are not symptomatic and do not test positive.

